

GEMS

March 2024

A Meal Program for Older Adults living in the RM of Macdonald

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|---------|---|---|-------------------|----------|
| 31 Easter | | | | | 1 | 2 |
| 3 | 4 La Salle @ 11:45 Chicken Fettucine | 5 | 6 Starbuck @11:45 Apricot Chicken | 7 Sanford @11:45 Apricot Chicken | 8 | 9 |
| 10 | 11 Brunkild @11:45 Roast Beef | 12 | 13 Starbuck @11:45 Liver and Onions | 14 Sanford @ 11:45 Liver and Onions | 15 | 16 |
| 17  | 18 La Salle @ 11:45 Irish Lunch | 19 | 20 Starbuck @11:45 Irish Lunch | 21 Sanford @11:45 Irish Lunch | 22 | 23 |
| 24 | 25 La Salle @11:45 Sesame Chicken | 26 | 27 Starbuck @11:45 Chili | 28 Sanford @11:45 Chili | 29 Good Friday | 30 |

Please call Leanne at 204-735-3052 to sign up no later a couple days before each week's meals.

We will try to accommodate special dietary requests.

Please call ahead to confirm.

Menu subject to change.

\$10 per person